

My safe places.

I'm going to tell you about my safe places at home, in school and in my spare time. A safe place is very important, I think that you can't live without it. A safe place is a place or a person where you can be yourself and thrive.

I feel safe in all places here in school. What makes me feel safe is my friends. It doesn't matter where I am, if I am with my friends or family I am safe. So I feel very safe in school with my friends and my teachers. In school there are not so many hostile persons, no one is evil against me. I think that makes me safer in school and I am very safe in myself and then I think I don't care about what people think about me, I think that makes me safe.

I feel secure with people and not in places. Of course there are places where I feel safer than in others, but I would not have felt safe in school or at home if I didn't have my family or my friends.

I feel really safe in my home with my family. At home I have my own house in the garden and there I feel very safe. I feel safe there because no one knows that I live in this house, and then I think people won't come into my house. I also feel safe because I live in a very small village and then I know about my neighbors and know that they are nice, and if something would happen in my home then I can go to them. There is no place where I feel safer than others in my home, I feel safe everywhere because of my family and neighbors.

In my spare time I do some sports and are with my friends. I feel safe when I am with my friends, because I know that they want my best and if something will happen they won't leave me. We are safe with each other.

I feel safe because I am never alone, I can call or write a message to my friends and then they will answer, I always have my friends with me in my phone and that makes me feel safer when they are not with me in real life. I think it's very important not being alone, because when I am alone I don't feel so safe.

I also feel very safe when I am with my cat, I have had my cat since I was a little kid, and when I was a kid I always went to him when I was sad, and then he always stayed with me and made me feel happy again, just like a friend does. He was my friend when I was a child, and he always is by my side and he is a security in my life.

I think a safe place is very important. Without safe places I think people can't be themselves, and then the person can't get to know himself and to know yourself can be the most important thing to do. In order to be safe I need to be safe in myself and I think all have to be that. To be safe in yourself is the key to be safe in the big world. In order to be safe you need friends and family that you like and feel safe with. To be

safe can be different for different people; what makes me safe are people and relationships.

Safe place

Hi, my name is Alexander and I'm going to tell you about my different safe places .

My own school locker because there I store all my stuff so that's why I feel safe. There is not so much to say about it except it is the best place at school.

When I'm at home the bathroom is the best place because I can go in there and lock the door and be alone and I can't lock my door to the room so that's way the bathroom is the best place to feel safe in in my opinion. And the windows are covered most of the time so no one can see through when I am undressed for example.

The last safe place is in my spare time when I'm at my friend's house because I know most of the rules there and we are having lot of fun and that's why I feel safe there and also the surroundings at their home is good so I can feel calm and safe at the same time



My safe places

I am going to tell you about where I can feel safe..

A safe place is important for everyone, If you can't feel safe then you "always" feel uncomfortable being around in places.

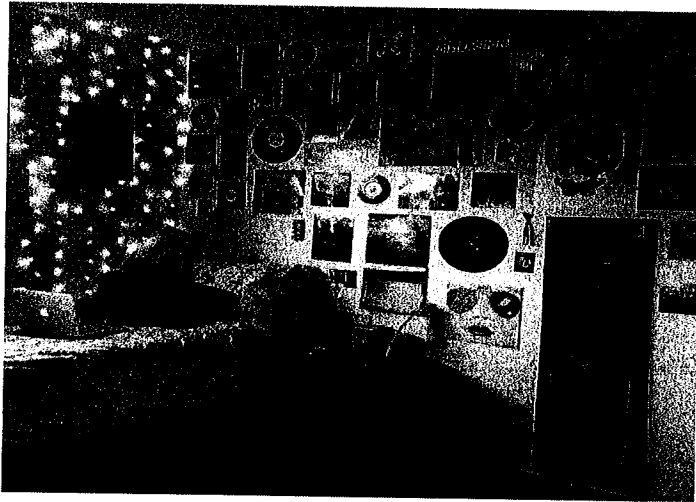
I go through anxiety so when I am around too many people I can barely breathe, then I can't feel safe.

SCHOOL: My safe place in school is when I am with my friends, every time I feel sad or just need somebody...then I can go to them.

When I am with my friends I feel comfortable and calm, we like to be alone in some corner and talk about spontaneous things, it always ends up with someone laughing on the floor. I don't need millions of friends to be happy, they make me smile even when it's a really dark day.

I feel very safe with them because they don't judge me or fail me. I often leave people that betray me, I don't feel safe with such people. I always give everyone a second chance, sometimes it is a problem.. giving someone too many chances.

Best Friends: Make the bad times
good and the good times
unforgettable.



HOME: My safe place at home is in my bedroom, I feel safe there because then I'm on my own. I feel safer alone, there no one can hurt me or bother me. When I'm alone I turn on music or videos and just breathe, I feel stressed almost all the time so music, videos really help me.

Ever since I was really young I've learned to be alone, well sometimes it feels sad to be alone for too long time but it's also relaxing and when you're alone you don't have to think about people around you. You can get really stressed when you have been with someone for too long so you need some private time with yourself sometimes.



SPARETIME: My safe place in my spare time is almost everywhere where there are not too many people. I know this may sound weird but I've been to concerts where there are about 40-60 thousand people around me..and as I said I HATE being around too many people but.. when I was there I could only focus on the music and didn't feel scared at all, except in the beginning when we entered. Sometimes I really hate having anxiety because then you feel stressed and judged 90% of the time you're around people, even when you are with friends or family sometimes. Anxiety is when you can't feel 100% safe anywhere.



My safe places

We are going to write a text about our different safe places. A safe place is a room, place or building where you are able to be calm, where you aren't afraid or worried. I can't come up with a place that I always feel afraid in, except special situations in the dark or so. I think that I'm pretty calm as a person. When I talk about safe places I mean where you can be calm, but you can also mean that you're not afraid of being yourself, which you can be in school for example. Or where you're not afraid of dangerous people.

My safe place in school

I don't have a special safe place in school, but I think that I'm most comfortable in the classroom when only our class is around. When I know all the people and their way of being. So not a special place or room but in a certain group of people. I think that I'm always like that, I can feel safe in other situations but when I'm with people that I know I always feel safe. Another place where I feel comfortable is when I'm sitting on a bench and I can see everyone and everything in the room, when no one can be in a place where I can't see them.

My safe place at home

I feel safe everywhere at home, but sometimes I can get afraid of the dark and so on, as I think everyone can get. When I get scared like that I'm almost always at home alone. When that happens I go to my room and sit on my couch, from there I can see my whole room and I can see the windows, and if any monster is standing outside, haha. I think that that is the only place where I can sit in a corner and see everything around me. In all other rooms in the house, you can't really sit in a corner and see everything. Many of the rooms are connected to each other which makes it impossible to see everything in the room from one spot. Another way to think about

safety is if you're afraid of violence and thieves and so on. I'm never afraid of stuff like that when I'm home, and not really when I'm outside either, but it's a little bit easier when you don't have walls around you. One more way to feel safe is that you're not afraid of mean persons. My family is very kind and I'm never afraid that they are going to hurt me, so I feel safe from that perspective too. But I'm not afraid of that in school either so that's not really a problem for me.

Safe places in my spare time

I feel safe everywhere when I have people around me that care about me, like when I'm with my family or friends. When I'm with them I never feel unsafe, it doesn't matter where we are. Of course I can get scared when we are in the woods at night but not really unsafe, just uncomfortable, and I don't really think that those words has the same meaning. I'm not really scared of "bad human" when I'm with people close to me. As I said before, I can get uncomfortable, but I rarely feel unsafe for real. When I'm with good friends I'm never afraid that they are going to say something mean to me either, which is another reason to feel completely calm.

Summary

So to sum everything up, I always feel safe when I'm with people close to me, I'm not always comfortable but I always feel safe. But from reading the text, I feel comfortable when I can see everything around me which I haven't really realised before. That sounds like a common thing.

My Safe Places

I'm going to tell you about some of my safe places; in school, at home and in my spare time, and explain why it's important to have a few of these safe places to go to, at any moment in time. In my opinion, a safe place is not only somewhere to feel safe and secure but also a place for fun and relaxation.

In School

My safe place in school is the library, because it's very calm and quiet in the library. It's easy to focus if you have work to do and if you want to hang out with your friends and maybe play chess. It's definitely the best place for a game of chess! The librarian is always nice and I always feel safe in the library. The most enjoyable thing about the library is when I play chess with my friends because the atmosphere makes it so easy to focus on just one thing. Moreover, if you have homework to do the library is the perfect place.



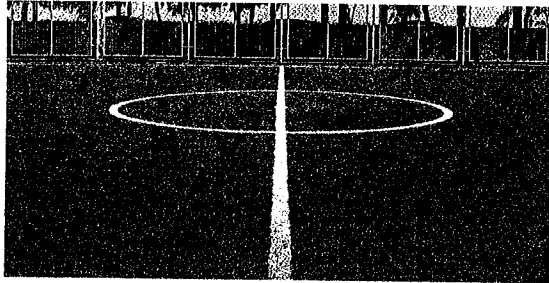
At Home

My safe place at home is my own room. This is because I have everything I need in there; I have my bed and my phone. My room is also a good place to store stuff, for example my homework, my playstation games (discs) etc. My room is also very warm and sometimes it can even get too warm for example when I play a lot on my playstation, and when that happens I really start sweating a lot. When I play on my playstation or when I watch a movie in my room, I'm really calm and that's what makes my room so special. When it's quiet and calm I feel as if I can do almost whatever I want and that is a really good feeling. My room is also special because of its structure and how it's built, which makes the room itself feel special. Perhaps this is because the house I live in was built by my family a long time ago.

Spare Time

My safe place in my spare time is without a doubt the local football pitch, Siljansvallen. This is obviously because I really like playing football. I feel safe because when I'm at Siljansvallen I always have at least one friend who plays with me, whether it's my brother or one of the friends in my class. I'm not sure whether I like the grass or astroturf pitch more, because they are both equally special in my mind. I love the smell of grass on the grass pitch because it makes me feel both safe

and secure. I can't explain why because it's just a feeling. When I imagine the astroturf pitch, I always think of playing football and hanging out with a bunch of friends on a warm summer's day.



Summary

As you can tell, I have quite a few places where I feel both safe and secure. They are all special and they are all places for fun and relaxation but in different ways. However, one place really stands out and is therefore the most special one of all of them. I think you might be able to guess which one I'm talking about since I have told you a lot about my love of football. There is no place like Siljansvallen on a warm and special summer's day.

My safe places

In this text I'm going to write about my safe places. For me, a safe place is where I go when I feel scared, sad or upset. In my safe place I feel calm and sometimes I get more confident too.

When I'm in school I feel safe with my friends. Because with my friends I can be myself and without them I should probably feel small and as if I don't matter for anyone. My friends can make me calm if I am upset och something like that by only being around me. They don't have to say anything because I feel safe with them.

At home my safe place is my room. I noticed that when I thought I was home alone and heard a sound from the basement, my first instinct was to run to my room. I don't think about it in that way, that my room is my safe place, but like I said. I notice it when I feel threatened or scared.

The stable and my horse is my best safe place I would like to say. I can go for a ride in the evening when it's dark without feeling scared. I have never felt scared or insecure there and when I sit on the horseback I, almost never, feel nervous like I do before a test or a presentation in school. My horse is one that I can trust with my life. I wouldn't even sit up on him if I felt insecure with him. I can be myself around him and with the others in the stable.

By thinking about this text a little bit more I can say that my safe places are places where I often am. When I am in a place often I get used to it and feel safe and can truly be myself there.



My safe places

I'm going to write a short text about my safe places in school, at home and somewhere in my spare time. I think it's very important to have a place where you could feel safe.

At school

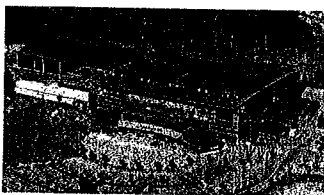
My safe places at school are actually wherever my friends are because when I am with them I can feel safe. The ping pong table is also a safe place for me because at the ping pong table I have a lot of fun and I enjoy being there.

At home

At home I feel safe everywhere because it's my home and I know almost everything about it. But I prefer my room because it's very cozy and it's all my own or just somewhere in the house where I'm close to my parents or my dog because they are the people and animal I love the most.

In my spare time

In the spare time when I think about a safe place all my thoughts go to Tegera Arena because that's where I spend the most of my spare time and that's where I do the thing I love the most and there are always people that have the same thoughts as me and when I'm at the arena I'm surrounded by people that have the same passion for hockey that I have. I feel safe at Tegera because I like being with my teammates or being on the ice. Because when you spend that much time with people they become your family. Because I'm a goalie I have two hockey families, one with the team and one with my goalie partners. Almost everyone thinks goalies are a bit crazy or something so goalies often stay together so they can share their experiences with someone who understands them.



Summary

As a summary I would like to say that I'm a pretty safe person and whenever I'm with people I like or at a place I know I feel very safe.

Safe Places

I'm going to talk about my safe places.

In school my safe place is around my friends because I don't really like to be alone and also in the practical subjects; in the art lesson because I'm working physically and practically and that's what I'm good at. I'm not that good at theoretical subjects because I'm not so good at writing or reading.

At home my safe place is in my room because I can be alone without annoying small siblings. But I feel safe with my family since I know where everything is and should be and I don't have to think about what everyone else does or thinks.

In my spare time my safe place is in my training because I like to move my body and I also have my girlfriend there and she makes me feel safe. I feel safe almost everywhere where it is lit up so I can see everything that happens around me.

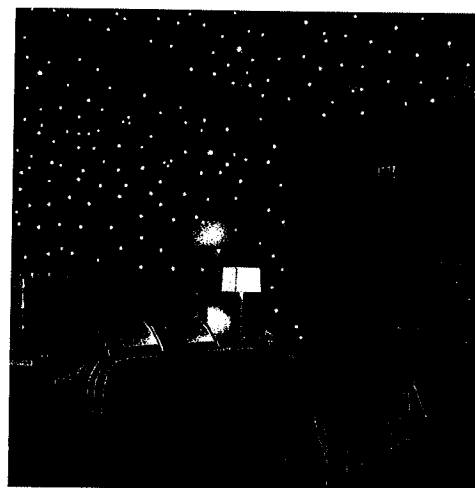
My safe places

I'm going to write a text about my safe places in school, at home and in my spare time. It's important that everyone has a place where they can feel safe. It's because in a safe place you often feel that you can be yourself, you can relax and the most important thing is that you can just rest and don't feel stress about anything.

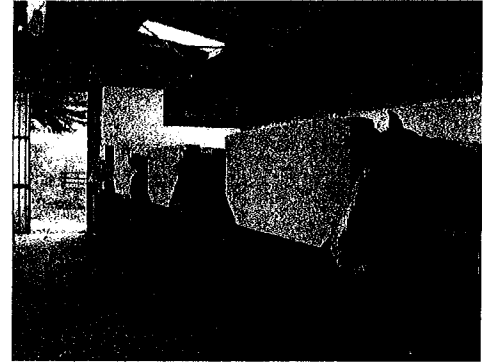
My safe place in school is among my closest friends. I can always be myself around them, I can always talk with them about everything and they're always there for me. I think the biggest part why my closest friends are my safe place is because I know they would never judge me and I know they like me for who I am. Me and my closest friends are like a family, we love each other very much, we laugh with each other all the time and we're also very overprotective towards each other. When I am with my friends I automatically get very happy and it's like I can really be myself and just be however I want.



My safe place at home is pretty much everywhere but I feel like my bedroom is the safest place. It's because I can always lock my door if I want to be alone and I always have a special place where I know I'm always welcome. My room is my own special place and that makes it comfortable for me. When I come home I know that the people that live there with me they love me and they're always going to love me. For me it's a special feeling every time I come home because I live in such a good place with my family that I love more than anything. I just think that a lot of people would say that their home is their safe place because they know everyone in their home and they always know that nothing bad is going to happen there because they're probably together with their loved ones but at the same time there are also people that don't feel safe in their homes and that can be due to many things.



My safe place in my spare time is in my stable, I spend the most of my time alone there. The stable is located in my backyard. Directly when I come home from school I go out to the stable. Sometimes I can just sit in the stable surrounded by the horses for hours without doing anything. When I sit in the stable for hours I think about literally everything. Just the presence of my horses makes me calm and I instantly feel safe. One of my horses Tanya is very intrusive and always wants me to pat her and just cuddle with her forever. I have a very strong bond with her, she listens to me and always is neighing when she hears me go from my house. Tanya always runs to me when she sees me and you can really see on her whole body how happy she gets when I'm with her. To have such a special best friend as Tanya makes me more than happy and it makes me even happier to see Tanya get so happy with me because there are horses that live in a very bad home and get treated badly and those horses are often not happy at all. She's my safest safe place and I don't know what I would do without her. I really can't explain why it's my safe place but I just feels safe there automatically with her and the other horses. Animals makes me happy and confident, especially Tanya and the other horses because of their trust, love and loyalty to me.



So my safe places are among my closest friends, in my house/bedroom and in the stable with my horses.

My safe places

Introduction

I'm going to write a text about my safe place at home, in school and in my spare time and why I feel safe there. Everyone doesn't have a safe place but I think everyone should have it. It is important for everyone to have a "security" to go to when we need it, you should know that you have someone to talk to or a place to go to when you're sad or just want to relax.

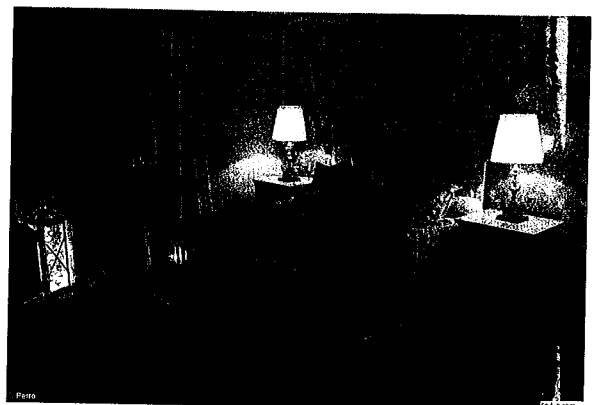
At school

At school I have no specific location where I feel more confident than anywhere else, but I always feel safe when I'm with my friends. I feel safe with them wherever I am because with them I can be myself and I can relax and I can always talk with them about everything I would not otherwise talk about. I think my friends are my safe place because we are like a family and we love each other, we can talk about everything. We are laughing and crying together and we are always together.



At home

At home I feel safe everywhere because at home I have my family and with my family I can be myself and relax. But my bedroom is the most safe place for me if I have to decide. I can breathe and really relax in there. Nobody can tell me what I should do in my room, there I can do whatever I want. When I want to be alone a while can I lock my door and just breathe. When I'm at home or in school I know that my family loves me and they are always going to do that, I know they are there for me.



In my spare time

In my spare time I have my safe place in the stable and when I ride out with my horse. My horse is everything for me and I feel very safe with him. We have three other horses too but with Áskar I feel most confident with. Áskar loves to walk in the woods and climb the slopes, and when he is so happy, I will always be happy too and there I feel safe. Being out there riding is like therapy for me to become calm and safe. I like to be in the stable and just being with the horses. We have the stable on our farm so I can go there when I want.



Summary

I'll summarize this text, I would say that my safe place is with my friends, in my room/house and in the stable. On these sites I feel really safe and secure and I can really be myself.

My safe places

This text is about safe places.

That means that you can feel safe near it or in that zone.

In school I like to spend time by my locker because my things are in it and my clothes are in it and my material.

At home my safe place is in my room because my bed and my things are there.

I think that your safe place should have some belongings of yours in it or close to it.

When you are in ore by your safe place

So this has been a short text about my safe places.

What's yours?

Respect me



Safe Place

I'm going to write a text about places where I feel safe. It's very unusual that I feel unsafe, I feel safe at many places but there are of course places where I feel safer. I'm very thankful that I have many places where I'm safe, since there are many people that don't have a safe place.

It is very hard for me to pick a place since I feel safe wherever I am in school, but if I would have to choose one place it would probably be in our home classroom. I am very lucky to have the possibility always feeling safe. I have never been bullied, and I think that could be a big reason to why people don't always feel safe in school. Of course I have been teased, but I haven't cared much at all so I wasn't funny enough to bully. Even though people always have tried to make me sad, I never feel unsafe. I have always stood up for myself and been confident. I have always been like that and I think that could be a reason to why I always feel safe. If someone does something I don't like, I don't have any problem to tell them. I always say what I think and it can sometimes be good, and sometimes not.

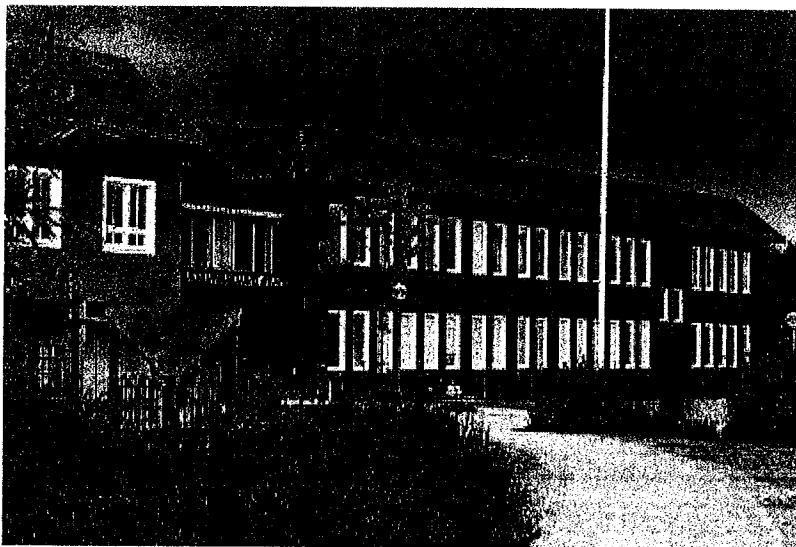
Of course I feel safe in my whole house too, but my favourite place is my room. I have decorated my room the way I want it and in that way it really fits me. Sometimes I actually feel unsafe at home. When I'm home alone and it's dark outside. I kind of never feel alone even though I'm home alone, I feel like there is someone watching me. I don't believe in "ghosts", but I think that the souls after a human lives on. I think it's a little scary, but it has never been so close to me, that I have wanted to leave my house.

I have many friends that I can go to and feel safe with. If there's something I have to talk about, I can go to my friends. They are always helpful and trying to see it from the positive side. It feels a lot better to talk to them and have them around me, then I don't have to think so much about everything, just talk about everything we want to and know

that it stays there. I'm very lucky to have as amazing friends as I have, and so many. I also have my family, of course I can go to them if I want to. Many people have no one, that's why I think that we should be thankful for the ones we have and take care of them, because you never know when they'll be gone, and then it's too late.

I have known some of my friends for so long, so that I feel safe in their houses. I can be myself even though their whole family is at home, because I have known them for so long. They are like my friends too.

To sum everything up, I always feel safe and have somewhere to go if I need to talk to someone. I have good friends and family and I live in a good environment. I also feel confident and I don't need someone else to feel safe.



My safe place

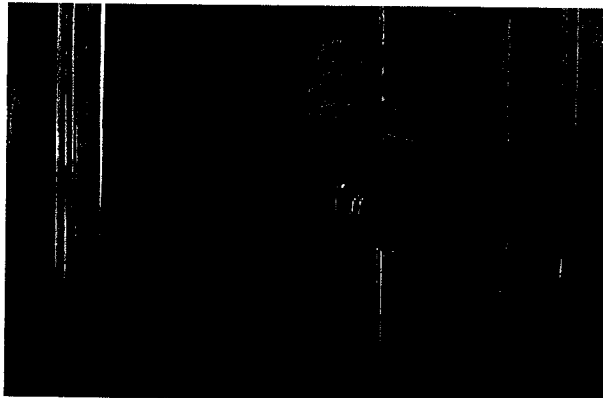
I am going to write about my safe places. It is important for a person to have a place to feel safe. There you can think and sort out the bad things in your life.

In school I only have one. I guess I don't feel that safe here. Just because you spend most of your life at one place doesn't mean that you are safe there. Even though they tell me that I should feel safe here, that one specific place is with my best friends. They make me feel loved and not lonely. We mostly laugh so much so it ends with us lying on the floor. They are my family and I would not make it without them. I guess I wouldn't be alive right now if I did not have them. I have them to thank for everything.



At home my safe place is under the bench in the sauna and in my wardrobe. I like the sauna because it is dark and I can focus there. The dark gives me some place to think. I feel big in a small place and like I am not alone. Sometimes when I am alone there I can hear things I wouldn't hear in other cases. Like voices in my head that says what I have done and not. That is a place where I am alone and I feel like people can't say that I am crazy, or that I am ugly or that I am a freak.

And in my wardrobe I feel safe because it is small and dark. I feel like I am the monster in the wardrobe and that there actually isn't anything in there that can take me at night.

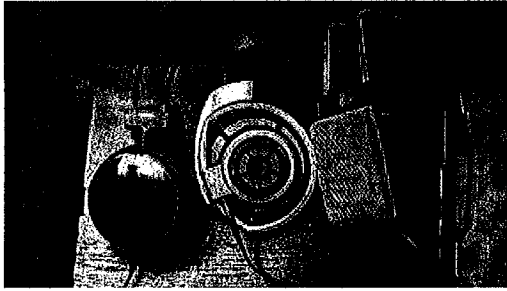


In my spare time I am mostly with my boyfriend Victor or in the library. I also feel safe in the music rooms. I guess that I don't do so much after school.

With Victor I feel safe and loved.

And in the library I feel safe too because I can read and lose my mind in the books. The silence is beautiful but scary sometimes. You start thinking and sometimes the thoughts can be both bad and okay. Things you wish would happen and if they happened.

In the music I feel calm and relaxed. But It can also make it worse. I actually lose myself in the music. I think that I am another person in another world. I think of another life where everything is like I want it to be.

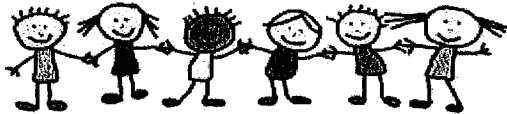


I am a sad person so safe places are important for me. And for everyone. I think they deserve a safe place where you can be alone or with someone, but you can choose for yourself. Just a place to relax and think.

My Safe Places

My name is Saga and I am 14 years old. I am going to write about my safe places in my school, my home and a place in my spare time where I feel safe. I think it is really important to have safe places. A place you can come to or someone you feel safe with. A safe place doesn't need to be a place, it can be a person you just feel safe with. I have places and persons as safe places. So now am I going to tell you about my safe places.

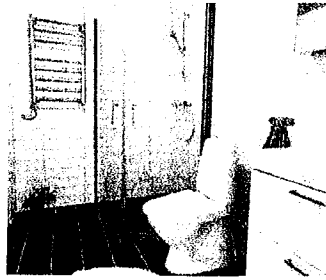
In school my safe place is my friends, if I just am with them I feel safe. Because if I am with them they can help me if I have a problem or they calm me down if I am stressed. I can be stressed really easily and then when I am stressed they are there for me and make me feel safe all the time. So in school I feel safe with my friends but I feel safe in the whole school too and why I do that is probably because I have my lovely friends there.



My safe place at home is the whole house, it is the same there. If I just have people I like, like my family, I feel safe. And especially in my home because I have been living there my whole life and therefore I feel safe there. To feel safe for me is when you can feel calm, you can be yourself and just be. You aren't scared of anything.

But one place in my whole home where I feel a little bit more safe is one of the bathrooms. In the bathroom I feel more safe than other places in the home because in the bathroom no one can see me. In the bathroom we have shaded windows and there is a pleasant temperature, I like when it is warm around me and if I have shaded windows I can hide so no one can see me. One more thing that makes the bathroom into a safe place for me is that I can lock the door, then I feel that no one can hurt me. When I am scared is when I have been watching a scary movie, then I have the movie left in my head. In the movies that make me scared there are persons who are really dangerous and then am I scared to meet them in real life. I know that it can't happen me but am scared still.

So the bathroom is a good place for me to feel safe but I feel safe with my family too.



My safe place in my spare time is my family, my mom, dad, little sister and my dog. Everyone in my family are really kind and they love me and I love them. They are with me when I need them and make me feel safe. I have been living with them my whole life, and we know each other really well. They do everything for me to make me feel safe.

When I am scared after a movie, usually a movie that is really scary then they calm me down like my friends do; they say " it is okey Saga, it can't happen here" and then I just feel safe.

I trust them, and specially my parents since they are older than me and know things. I think if you are with secure people you feel safe, then if you are with excited and scared people who are really insecure you do not feel safe in a difficult situation.



I think safe places are really good to have because if you don't have that you are alone in a way I would find hard. To have no one to talk to or a place you can't come to if you are sad . If you do not have that it is hard just to be, then you are still sad because you have not eased your heart in a way to make you feel safe. And it is hard to ease your heart if you do not feel safe, but this is just what I think about if I were in a situation not having a safe place. The summary of all this is that you don't need a special place, you can just feel safe with people you know well. I can be wherever on this planet if I just have my friends or my family there. They can calm me all the time, okey not if there would be a real war but I think they

would calm me down a little bit even then. I think you feel safe in places or with persons you know well, who you have known a long time, not something unknown and scary. Safe places are just places or persons you feel safe with and everyone needs that to feel safe.

My safe place

I'm going to write and explain to you about my safe places. I have tried to think about my favorite and my most safe place in my experience. I am going to tell you about a safe place in school, at home and in my spare time

I do not have a specific place in school that is more safe than others. I feel like I'm safe in the whole school. I could feel more safe with friends but I don't feel like that is necessary since I already feel safe.

My most safe place on earth is in my home. That is because no one has a right to go in there without my permission. Of course my family can get in but if you don't count them in this situation. If someone tries to get into my room or my house I could just lock the door. It feels good to have a safe place like this. My home is like school without lessons. I don't have a special place that is more safe than another, just like in school.

In my spare time I only have one place that I could think of that is safe. That is a football pitch. I could have more safe places in my spare time but I'm only going to tell you about the football pitch. I like football and have a team to play with every now and then. We are called Leksands IF and we have training 3 times a week and have 1-3 matches in the weekend. Since I play football on a daily basis and have done that since I was 4 I feel like that is obvious. If you have friends to play football with it's going to feel even more safe than before. When I am on a football pitch I have two different feelings, I have fun and feel safe.

Summary:

My summary about all this is that I don't have many safe places but don't have a lot of insecure places either. In order to make me feel safe I want to be in a place that I'm used to or be with someone that I trust.

If I'm in an insecure place that I'm not used to I will start sweating and my heart will start beating a little bit faster than usual and if I feel very unsafe and maybe for example see a man that's walking behind me, I may start running just because I'm so scared.

So the summary is that I feel very safe in school and at home but I also feel safe on a football pitch outside.

Safe Places

I am going to write about my safe places in school, at home and in my spare time. Places where I feel safe and can be myself. The places that I go to when I want to be safe and it is very important to have a place like that I think.

In school I feel safe in all of the classrooms and corridors. I don't have any special place in school I go to. It is very safe in our school most of the time and I think many people feel safe around here. Because the people are very friendly. Sometimes it could be very loud in the corridors but I feel safe anyway.

At home my safe place is my room because I have all my things there, I can close the door if I want to and that's just my own room. It's also safe to know that noone can see me when I'm there. One more place at home is the bathroom, because I can lock the door and noone can come in. But I can feel safe everywhere in my house.

In my spare time I have many places where I feel safe, but I'm often in the arena so I think that is one of them. In the dressing room for example. Since I'm often there I know many people there. In the team there is much competition both on and off the ice and I like to compete so that's funny. Off the ice, in the dressing room all are friends but when the training starts are all against each other to show how good they are.

Summary:

I feel safe in most places I go to and don't have so many different places I often go to when I want to be safe.



My Safe Places

In school I feel safe because I have my friends there so they make me feel safe.

If I had been alone I would have felt a bit less safe I think.

I feel the most safe in my house because i live there, and I can do what I want at home so it can make me safe.

I feel safe when I am at Dragsängarna because I have my hobby there and my friends. When we are there we can live in my caravan.

My safe place

I am 14 years old and I am going to write about my safe places in school and in my house.

In school my safe place is in the toilet because there I am alone and I can't embarrass myself. I embarrass myself quite often whilst I do bad jokes, that is not funny. I hope it's a teenager thing.

In my house the safe place is the house because I don't have any special places. I spend most of the time in my room watching YouTube on my phone. Before I go to bed I go to the living room and spend time with my parents and brother, usually while watching a criminal series at tv.

Safe places

In school I don't have any special safe place. At home I have like the garage with me and my cousin's dirt bike.

And in my room I feel safe and it is safe.

And I feel safe at my cousin's place. I feel safe when I'm on a dirtbike and most times when I'm in a car.

My Safe Places

I will write a short text about my safe places in school, at home and in my spare time.

In School : My safe place in school is the school dining room. That is because you can always have a chill moment there and talk with your friends and get away from all stress in the school with tests and stuff like that. I mean, just because the food is not the best I think it is worth to go there anyway.

At Home : I have many safe places at home but I have to say that my room is the best because first of all when I am at home I spend most of the time in my room talking with others on my computers so if I am mad at my parents I would probably go to my room.

In My Spare Time : If I wanted to be boring I would have said that my safe place in my spare time was the same as at home but because I don't want to be too repetitive I will change it a little. So my safe place is the golf pitch in Leksand, because I think it is such a good environment and it is so quiet and peaceful there.

Safe Places

I'm going to talk about my safe places in school, at home and in my spare time. I don't have any special places or things I go to to feel safe.

I feel safe in school, there is no classroom where I feel unsafe. Our school is very friendly and homely, mostly everybody is helpful and kind to other people. Me and my friends often sit on a bench in the break. I don't feel more safe there than other places in school but we like to be there.

At home I feel most safe and I think almost everyone does that. When I'm home I stay most of the time in my room or I lie in the sofa watching Tv. I feel comfortable in the whole house and maybe a little bit more in my own room, because that's my own.

In my spare time in the winter I'm at home most of the time but in the summer I go riding bike in the woods and I feel safe out there. Even if there are wild animals I feel safe out there. I often feel safe where I have fun and that's nice. I also feel safe when I hang out with my friends from school in my spare time.

Summary:

I feel safe almost wherever I go. I feel safe in my whole house and the whole school because I have family and friends there. I maybe not feel safe in the whole woods but, at least where I've been. Also in my spare time I feel more safe in the summer because I have more fun then.



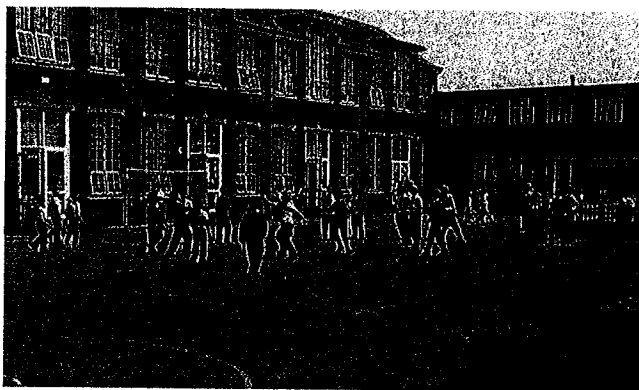
Safe Place

I'm going to write about some places that make me feel good and relaxed and they are the places where I am most comfortable.

In School

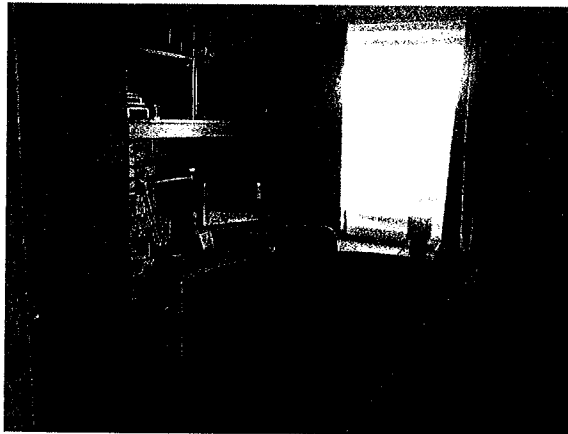
I'm quite safe in school because I have friends and teachers and places I like. My safe place in school is the cafeteria. It's a good place to chill in and hang out with friends when we have breaks.

The other safe place in school would be the sports hall because I like sport and it's really fun to play sports and let your mind chill a little bit.



At Home

Home is the safest place I have because it's my home and I know my surroundings and I know everything that happens. Of every place in my home I think my room is the safest because I spend a lot of time there. I also have a lot of friends that are at my home like almost every weekend.



My Spare Time

In my spare time I do a lot of things and hang in various places. For example in the summer I play a lot of soccer and it helps me relax and take things off my mind. I don't have many safe places because I don't get angry and mad a lot or sad in that case. But when I get sad I usually don't care and let time wash it away.

Summary

I don't have many safe places but when I get sad and get really mad I usually go home in my room or go to the soccer field or hang out with friends and let time wash it away.

