

Safe Places

Introduction

A safe place is where one feels safe and no one is stupid.

Now I'm going to tell you about my safe places and why they are important to me.

School

My safe place in school is the cafeteria. where I can feel safe. There are many people and adults so then you can talk to many people. and if someone is stupid there are adults who can help. the person working there sells things and he is a good person.

My safe place at home is my room. There I can be myself and be safe. and no one could be stupid to me. I can be myself and I can sleep well there.

My safe places in my spare time are when I do sports, for example skiing or playing football. I can feel safe because there are many people there and in the football club I can feel safe because of all friends. When I go skiing because then I can also feel safe because then I go with my friends.

My safe places

Introduction

A safe place is a place where you can feel safe and secure!

1. My safe place in school is the cafeteria because there are many people there. Many people can make it safer if something happens. Then we have a person in the cafeteria and his name is Stefan and he makes sandwiches and other things you can eat if you are hungry.

2. My safe place at home is my room because I can be alone for a while and I can chill and be myself. When I'm alone I play Xbox games on the tv and I look at movies on the tv and the computer or YouTube on the Ipad.

3. My safe place in my sparetime is the hockey rink becuse I think about other things when I play. I like playing hockey in order to be myself on the rink and I play with friends and have fun.

Safe places

I will tell you about my safe places in school, my home and in my spare time and why they are important to me. I think everything will be more fun if you are with a friend. So if you don't feel safe in a sport ask a friend and bring your friend to come with you to the workout.

In school:

I feel safe at all lessons in school, breaks and everywhere. Because I have my best friends and I have good teachers that I like. But I feel most safe in needlework lessons, because I like needlework much and the needlework teacher is one of my favorite teachers.

Home:

Where in my home I feel most safe is in my living room, because I'm there very much, because I like to watch YouTube on tv and if I do not have anything to do I sit in the couch doing nothing or watch my phone.

Spare time:

I feel safe when I play floorball in Leksandshallen and when I play football at Siljansvallen. Because I have good friends there and good coaches. I think it is very fun to play floorball and football with good people and it is also fun to play when you are good at what you do.

So this is all my safe places during school time, when I'm home and in my spare time. So I have many safe places to be. And there are many safe people I can be with.

Safe places

My safe place is at home and in my winter house in the mountains.

At home is a good place for me, me and family and my friend can tell stupid things but that are only jokes. In my winter house we make funny things like outdoor activities, like skiing and going with snowmobile I think that is my best place and that is safe for me.

At school I'm safe but anyone in school can say stupid things. I think it is good at school because there are good teachers and I have many friends there.

My sparetime; I'm safe in the forest when I drive motocross, and when I'm walking my dog. When it is summer I love fishing in Idre and Siljan. The fish I like to fish is pike and char. I think I'm very safe on the lake. Many people are not safe on the lake but I like it and I'm safe. My personal best on pike is 5kg and char 0,7kg.

My safe places

I will write about my safe places and why I feel comfortable there.

In school I feel safe almost everywhere because I am with my friends all the time. I'm really happy to have them with me, if I wouldn't have them I think I would feel alone and nervous, like where should I go?

But there are places where I feel more safe than others. Like my home classroom, because it was the first classroom I was in and had lessons and my mentor is almost always there.

And the cafeteria because there are many friends and people there so you never feel alone.

Other places in the school are classrooms where I have lessons that I like so I don't have to be nervous about how to do.

At home I feel very safe everywhere, I would say I feel the safest at home because I can do whatever I want without friends or enemies looking and commenting on what you do all the time.

I feel even more confident when my family is home because if anything happens they are with me.

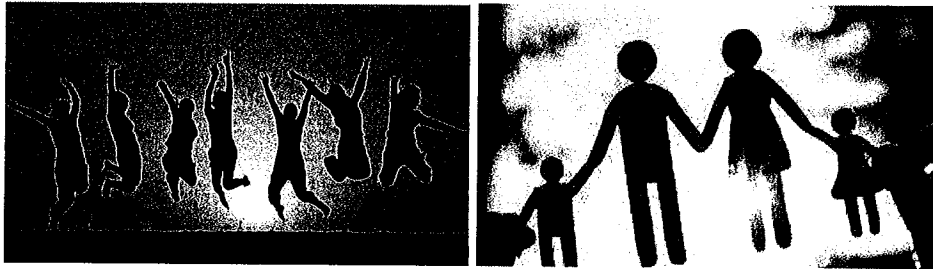
Sometimes I also like to be at home alone. But then you feel more scared instead. Everyone says that "I feel the safest in my room and in my bed" but I don't think so because I don't want to be alone.

Since I was younger I have been with my parents all the time. I haven't been in my room or outside, playing in the garden so much alone so I feel more safe in the livingroom where everyone is.

I would say that I'm addicted to being with people to feel safe.

In my spare time I feel safe when I can do something I like. My hobbies. When I go skiing, play football or training or whatsoever I feel safe. And when I can do it with my friends I think it's one of the best things ever. I feel very comfortable when I can do things I like. And I'm not scared to try new things. But of course I get nervous when I visit new places or speak other languages.

At last I would say that I feel confident when I'm with my family and friends, but not alone and only when I do things I like. And I also like to try new things, who knows maybe there will be a new favourite place or a new best friend. I don't think you should be scared to try new things. Believe in yourself. What can go wrong?



My Safe Places

I feel safe in some places. I feel most confident when I'm with someone I know but if I am in a place without anyone I know, I feel pretty scared (depending on what I do) I can also feel very insecure because there is nobody to talk to and you can not ask anyone for help.

At school I feel most confident when I'm in a quiet place. It could be anywhere, but I don't like so many people at the same time, I feel just stressed. Usually it's very loud and it is not a good environment.

At home I feel safe sometimes, but mostly I feel observed, and it is pretty scary, I dare sometimes not even turn around or move. But it's probably the place I feel most confident.

But if I can choose myself, I would probably feel most safe at home with my grandmother and grandpa. They live almost in a forest and it is quite nice. Just to walk around there in the forest and no one tells me what to do that is when I feel safe.

My safe places

I think it's important to feel safe. Because if you do, you can be yourself.

School: I feel quite safe in school. I feel the safest in the school restroom because it's quiet and then you can rest and take a break from the corridor. I like my home classroom because I can feel safe with teachers.

Home: I feel safe at home in my bedroom and in my bathtub. I like my bedroom because I can do what I want in my room I may be alone. And I feel safe in the bathtub because I can relax there and look at YouTube.

Sparetime: I feel safe at "tonår" because you can hang with friends and find new friends too. We "play" different games. We play table tennis, We have something to eat and drink.

Safe Place

I am going to tell you about my safe places in school, in my home and in my spare time

In school I feel safe when I'm in the library because it's quiet most of the time and you can speak with the librarian if you want something and you can go there if you want to do homework

At home I feel save when sitting at the computer and in bed. because when I am sitting at the computer I feel like no one can hurt me because I feel like I'm in my own bubble. When I´m lying in bed I feel safe because I feel like I'm locked in. If I´m in the livingroom I don't feel that safe because everyone is there and I like being with myself.

In my spare time I feel safe when I am with friends and doing something fun like go skiing, play tv-games, listen to music, things like that

So I have written about where I feel safe in school,at home and in my spare time. I can say that I feel safe almost everywhere and am confident everywhere. I am not afraid of people or things.

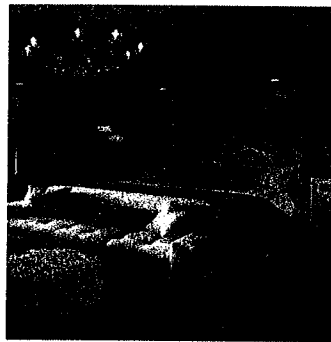
Safe Places

Now I'm going to tell about my safest places in my school, at home and in my spare time, the special places I like to visit . It's very important that everyone has a safe place where it feels good and comfortable.



In school

My safe place in school is in my home classroom, because there we have almost most of our lessons and it's a safe and nice place to be in. And there we have lessons with the whole class and we have a good class and teachers, because we meet each other every single day and everyone knows everyone. So my home classroom is my safest place in school.



At home

My safe place at home is in my room, because I like my room and I have almost all of my stuff there, it feels good to have a room to oneself there I can have my stuff and decorate how ever I want. And my room is often clean and it smells good, and rooms are often personal and that makes it more special. And since it's my room I can do whatever I want like furnish and swapping things. And to stiffen the door so I can be alone feels safe for me, that is so amazing and nice, and I can do homework, listen to music and take a nap in my bed. That feels safe for me.



In my spare time

My safe place in my spare time is in the stable, because there I can be with horses and take care of them, like pamper them, clean their boxes and their bridle and saddle and give them food, to be alone with a horse or horses feels passionate. It's calm and nice in a stable and I can just be harmonic there like the others. So the stable is a safe place for me.

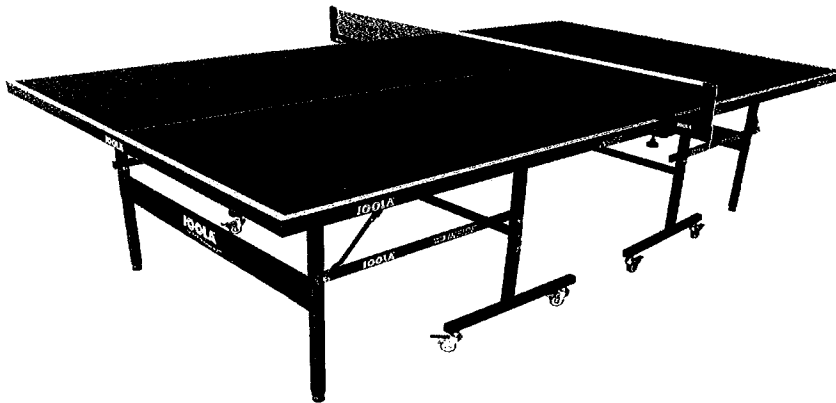
Here was a list about my safest places in these categories. Everyone should have safe places should or a place where everyone feels good. And above you have example of safe places!

My Safe Places

I'm going to write about my safe places.

In School

I don't have a safe place in school but if I have to choose a place it would be the table tennis room in the cafeteria. That would be my safe place because I like to play table tennis. I also feel safe in class, it's the lessons that I like where I can feel safe.



At home

At home I feel safe everywhere but if I have to choose it would be my room of course. I feel safe in my room because I like it and I can decide what to do there and not being told by a teacher or somebody else, I can talk with friends online or watch videos for example. I know where everything is and it's the place that I spend the most time in my house.

In my spare time

In my spare time I feel safe in my room and with my best friends. When I talk to my best friends I talk differently than I would do to other people. I think that is because we know each other so well that we can be "ourselves". It's like speaking another language when I'm with them. When you have been friends with someone for a long time you get a good connection with that person and you can understand them easier. For example if me and my best friends would joke about something we would know when it's a joke or not but if I joked with someone that I don't know well they maybe wouldn't understand if I was joking or not.

The conclusion of all I wrote is that I feel safe when I do stuff I like or if I'm with people I like.

Safe Places

I feel safe in a few places. Why I feel comfortable in these places, is mostly because I have got people around me that I know really well, I think most people feel that way too. If you are having a trouble knowing something or don't know what to do, you can ask them with no problems. If you are in a place where I don't know anyone, I can feel uncomfortable, mostly because I don't have anyone to go to or ask about something. At least I think that it's harder to ask someone you don't know, than someone you know, also I am a little bit shy around a lot of unknown people.

In school I like to find places where there aren't that many people around. If it's a crowded place, it can get pretty stressful, you don't know where to go and it feels like everybody is looking at you. So a peaceful place, like on a sofa at the library, or on a bench that aren't as centrally located. But if I have friends around me I mostly feel comfortable all the time. And if I have something fun to do at the same time, then I don't have to think about all the people around me.

Those were the places where I feel safe during the breaks. In the classroom anyway, it's kind of the same way. If I have my friends around me I don't have to worry about anything. If I need help with something, and all the teachers are helping someone else, I can ask them instead. And if my friends can't help me, then at least I'm not the only one that doesn't understand. Also I like sitting more close to the whiteboard than back in the room. I don't know why I just feel more comfortable sitting in the front, it feels like I have more control then, it's hard to explain.

At home, I feel comfortable almost everywhere. The biggest reason is because I know that home, is a place where nothing odd happens. Home is always home you know. And also, like I have said many times before, there are only people (in this case my family members) I know

the best in the whole world. Around them you can hardly ever feel uncomfortable.

But if I have to pick one spot in my house it must be my bedroom/my bed. For example, after a hard day in school, the only thing I think about is coming home, and go directly to my bed and just rest. When I'm in my bed I have no pressure on my shoulders, and I don't have to think about behavior or to be nice. I don't have to talk at all. That is the most safe place I could ever have. It feels like I can have control of everything, I can decide myself what I want to do. No one can tell me what to do or control me in any way. If someone would, it would be my family. But it's easier for me to confront my family than a teacher for example. If I don't like what they are telling me - what to do or something. I hope you understand what I mean when I say that someone "has control over me".

And then, we have got the safe place in my spare time. I like skiing, so you can say that the tracks become a safe place for me. It's a little hard to explain but I'm going to try.

When I ski, I don't think about the things that happen around me. The problems disappear for just a moment and you can say that I "become free" from my mind. It sounds silly but it's true. As you may know, I also compete in cross country skiing, almost every weekend in the winter. In some way, the place where I compete, becomes a safe place, a place where I can feel comfortable and strong in the same way. In school, I'm just a normal girl that walks around in the corridors, but at the competitions, it's another feeling. Now it may seems like I'm bragging but I have to tell it this way so you can understand in a better way.

I know I'm good in skiing, one of the best in my age, and when I walk and ski around people, I know that there are a little more people that know me in a better way than in school. In school, people only know my name and look at me as an ordinary girl. But at competitions, it feels different in some way. A few people may know me as "Kajsa who won the race today" heh... anyway when people look at me a

little differently, in a better way, I feel more confident, and I guess that makes me feel safe.

Those are all my safe places. As you may have figured out and as I have said, I feel safe mostly around people I know well. The more people I know around me, the more comfortable I get. If I only am having fun with my friends, any place can be a safe place.

My safe places

Hello, I'm going to tell you about my safe place in school, at home and in my spare time.

My safe place in school I think is my best friend Ida. She is a good friend who is always there for me and she is kind-hearted. I've known her for ages, we met for the first time at the daycare when we were four years old. She was the only girl at the daycare who was four years old so she was very happy there would be a girl of the same age to the daycare. We became best friends and still are today.

At home my safe place is my own room. But just the idea that I have decided what it should look like makes me feel safe I think.

In my spare time my safe place is the stable. One could say that the place is my second home. My friends in the stable are amazing, we have fun all the time. The animals, I love animals. There are not only horses in the stable, there are even cats and dogs. And as I told before, I love animals. All of that makes me feel happy and safe. Why I love horses, well because they are like us. They also have personalities and they can feel what you feel. If you are happy they will be happy, but if they are afraid just try to be calm.

So now I have told you about my safe places in school, at home and in my spare time.



MY SAFE PLACE

I am going to tell you about my safe places, what and where they are and how I feel when I'm in them.

I will start by telling you about my safe places in school. I feel like I am most safe when I'm in the cafeteria or at least somewhere around that place because nothing bad really happens there and you can't hurt yourself. I also feel safe when I'm in my home classroom because that was the first place I visited when I started going to high school. I'm also safe when I'm eating lunch in the school canteen. Then I'm also safe when I'm in the library because it's just so quiet around that place and you can take a break from all the noise in the school. Those are probably all of my safe places in school.

Now I will talk about my safe places in my home. So I pretty much feel safe everywhere when I'm at home but I feel most safe when I'm in my own room because I'm there very often when I'm at home. And I feel like I'm also very safe when I'm in the living room because it's so relaxing just sitting on the couch, watching TV and sometimes I sleep when I'm tired. For me my living room is like the library in school because it's pretty much always quiet in my living room. So you can tell that I have more safe places in school than home, but that's because I was only mentioning my safe places where I feel most safe in my home and in school I counted all of my safe places.

And now I'm going to talk about my spare time safe places, which are also my last safe places on the list. So in my spare time I feel safe when I'm with my friends and it can be anyone of my friends because I feel just as safe when I'm with one or more of them, because I like them all just as much as each other.

The last place is the football field and it could be any football field because the artificial grass feels so soft. There is just something about a football field with artificial grass that just feels so peaceful and nothing bad really happens at the field and it's so calm and fun. When you're on the field everything almost fades away and you're just so focused on the field, the goals and the football and that is very relaxing for me.



So that is pretty much everything I have to say about my safe places and as you can tell, I have a lot of safe places. They are all equally meaningful to me, with the exception of the football field, a place where I feel both safe and fulfilled.

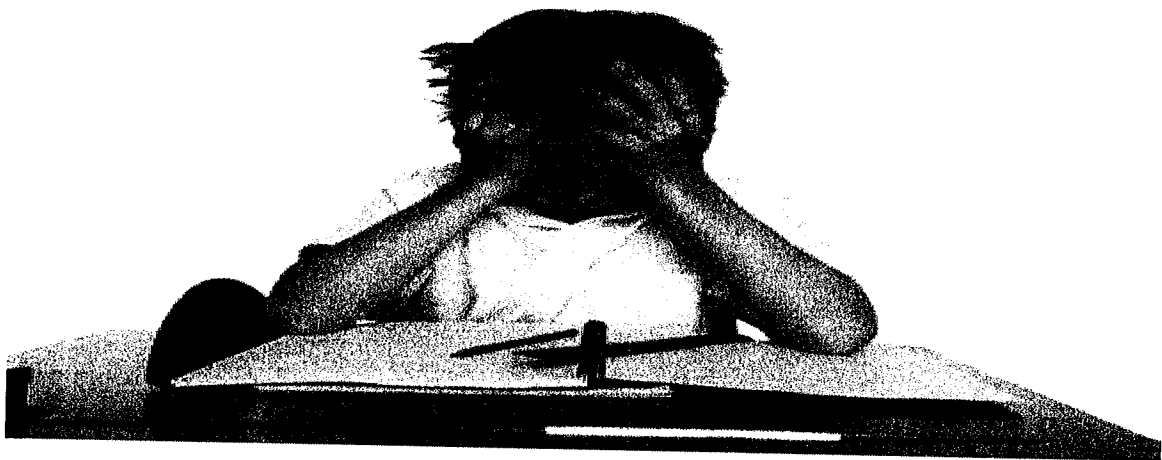
My Safe Places

Okay I'll be writing about my "safe places" because it's important that you at least have a safe place somewhere.

I have a few safe places and I'll tell about them now.

In school I don't have a single safe place but if I have to choose one it might be the library, because if you walk straight into the library there's a closed off room where you can walk in and work alone or with someone or maybe just be there like me sometimes.

I have never liked school, it might be because I've spent 9 years at this school where I'm currently at or it's all the press, the time the homework has to be sent in, the feeling when you don't succeed with the homework or a test. In my ears it sounds hard to be safe in a place you don't like



At my home I have the most safe places. One of my safe places there is my room and the kitchen, Well, the kitchen isn't really a safe place for me but when I cook or make food for myself in the kitchen I get this good feeling; perhaps it's some kind of safe feeling but it's

good however.



My room is a "safe place" for me as well because that's where I spend the most of my time. I both feel safe and enjoy being under a blanket in my room meanwhile I'm watching a YouTube video.

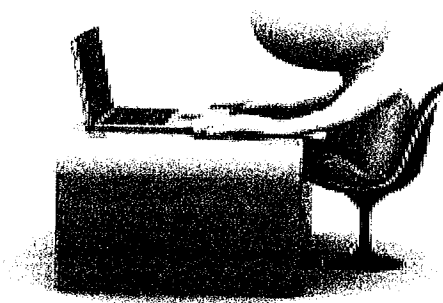
I had a dog a few years back.. I remember I was sad one night and I just shouted the dog's name and then the dog came running to me, So I was sitting down on the floor as the dog approached me so when it came to me I just wrapped my arms around it and started to whisper to it why I was sad, That was such a good feeling to me since I've grown up with the dog since I was a small baby and she was a small puppy.

The feeling is impossible to describe but it's better than a good feeling, It's making me safe and happy at the same time but the words I'm using for this sounds both lame and ridiculous but that'll be it for my safe places at home at least



I don't do a lot in my spare time.. I usually just sit on my chair and stare into the computer screen while doing nothing.. I never sport because I have never liked it and I don't find exercising is that fun at all. I see no point of starting with a sport.. I mean it's a waste of time.. You're wasting your time on a sport and on the weekends you usually have matches but you chose to go to that instead of being home with your family and enjoying the weekend family spirit.

I have sport friends and I sometimes ask myself why they chose to start with a sport but I'm not hating them for doing sport..



My home is where I feel safe as it can get like maximum of safeness..

And I think a safe place for other people and myself is where you spend a lot of time or maybe an environment where you feel comfortable.



My Safe Places

I will tell you about the safe places in my life.

In school my safe places are in the library and in the English and German classroom. In the library I can relax and it is a calm place where I can read a book and be in my own world, that makes me safe. My lessons are mostly in the English and German classroom and I have a good teacher and it is not messy in the lessons.

At home my safe places are my room, the living room and our kitchen. In my room I can sleep, do my homework, relax and read a book. I can be in my own world and then I feel safe. In our living room I sit at the window in our couch and read or watch something on my phone but it is a bit cold at the window. Because of that I have a blanket. In the kitchen I can bake a cake and eat. When I make a cake I become calm and feel safe. Because it smells good and it is fun to bake a cake and often it will taste good.

In my spare time my safe places are in the ski slope and when I am outside on the lake rowing. I go skiing almost every day in the winter and I love it. It is funny, I can think of good things and I become calm because when the wind is blowing in your face you feel free. I am actually a little afraid when I sit in my rowing boat but you forget that you are afraid after a while. It is quiet, you see birds on the lake and the water is beautiful. That makes me calm and safe.

Everybody has a different place where they feel safe, these are my safe places in my school, my house and in my spare time. My favourite place and the place I feel most safe is in my room.



SAFE PLACE

I am going to tell you about my safe places in school, at home and in my spare time.

In school I feel safe when we have my sport by choice because hockey is so great and there I feel so happy, I can be myself and no one tells me how to do, but the hockey coach ,of course, I must listen to him.

At home I feel safe everywhere, like in the living room, bedroom and in the kitchen because I have so good people around me and then I feel safe and that's perfect.

In my spare time the hockey arena is a safe place for me ; on the ice and off the ice because on the ice, if you score a goal my friends are screaming and that's so good and off the ice we are so good friends so no one feels alone.

I hope everyone must have a safe place some time in their life because when you are in your safe place you forget all the stress and feel quiet.

Safe Places

I will write about safe places and why I feel comfortable there. I feel safe almost everywhere, or at least that's what I think. Of course I get scared or nervous sometimes.

I feel safe in school when I hang out with my friends, I'm almost never alone and I'm really happy for that. Some places are more safe than others for me, like my home classroom is safe because it's the first classroom we got into and we have many lessons there and our class councils. My mentor is often there too so if I want to ask her something I can go there. I also think the cafeteria is a good place for me to be in school because there are many of my friends from other classes there in the breaks.

I have respect for the nine graders and I always have got respect for the ones who are older than me.

At home I feel the safest, I think that's because I have my own space like my room and I can do whatever I want. We do have rules like you can't paint on the walls for example but I think you got what I mean when I said I can do what I want. I feel free and very comfortable, I don't have to be good looking in front of my family and I can wear sweats.

The whole house is a safe place for me but in my room I think that's where I know myself the most, I feel confident in myself. I like to listen to music and relax in there, because I really feel the calmness. I think that's the way it is because I know how it works and I have had that room since I was a child. It's just me and my mom who lives in my house right now and it can feel kind of scary when I am going to bed because the house feels even bigger, but then we have an alarm that we turn on at night when we are sleeping. The alarm is on only downstairs so it doesn't start ringing when me or mom move when we sleep and that makes me feel even safer in my home.

In the spare time I'm home, with my friends or I play floorball. I have already told you about my own home but not my friends, when I am with my friends I am myself and also then I don't think about what I look like. When I'm at my friends' house I also feel safe and I'm not shy to talk loud or with their parents. Why I can talk with them and not be nervous is because of the long time I have known them and they are nice to me and I am nice to them. It almost feels like sometimes they are my second parents. They take care of me so well and have a good heart. I think that's important for me to feel safe. If they are kind and have a good tone while they speak even you also get kind and calm. Me and some parents of my closest friends can joke with each other, I like it that way. Same at my practice place, I am not afraid to make mistakes or try new things.

I would say that I'm not afraid and scared of being in school, at home or where I am in the spare time. I'm almost confident wherever I am. I think the only time I feel nervous or scared is when I visit a new place and have to speak in front of new people.

SAFE PLACES

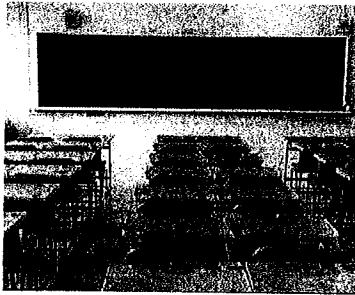
My Safe Places

I will tell you about my safe places at home, in school, and and in my spare time.

My safe place at home

is my room because I can be alone when I need to, and I can lock the door if I'm not in a good mood. I have a computer and an Xbox in my room so I can use the computer and watch some movies and talk to other people, and on my Xbox I play games.

In school my safe place is the classroom because the teacher makes sure that the classrooms are as "safe" and quiet as possible during the lessons so people can get work done fast and easily. The cafeteria is another safe place because you can buy food, and we also have a ping pong table there, so during the breaks me and my friends play table tennis.



In my spare time my safe place is the football pitch because when I'm there I can just play football with my friends, and that is really funny, because that's what I like to do. And I think that's an important thing, to be able to do what you like at any time with friends or by yourself, whatever it is sitting inside playing games on your computer or playing football outside with your friends.



As a conclusion: my safe place at home is my room, in school my safe place is the classrooms and the cafeteria, and in my spare time my safe place is the football pitch

Safe Places

I will tell about my places where I feel comfortable.

My place in school is when I have ice hockey because I am very happy and think it is fun when I play and I have also a lot of friends there. We have ice hockey twice a week for two hours and we have ice one day and outside the ice the other day.

My place in my home is the whole house because I don't feel more safe in any room. That can be because we have a very big house that is not near anything so nothing bad happens where I live.

My safe place in my spare time is also hockey because it is so much fun and we have games all the time. In my age there are those who were born in 2001 and 2002 together in two teams and the best are in one team and the others in the other but that starts at our age. So you have always a team that is higher up. You feel safe both on and off the ice because on the ice you just love the game and off the ice you have friends that love it too.

I think I am safe in a lot of places and not uncomfortable at any place in the world.



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SAFE PLACES

In school I don't know if I have any safe place because everybody talking and screaming and laughing all the time but I guess that the library is a pretty safe and calm place. You can just sit there and read some books and just take it easy for a while before the next lesson!

But I also like the cafeteria! You can buy delicious food and just sit and eat your sandwich or whatever you like to eat! But the problem is that everybody likes the cafeteria so it's always crowded there! So it's not very safe and calm.. I would rather sit in the library and read an exciting book!

I love my home! I always feel safe in my house with my mum, dad, dog and rabbit! But my room is like my crib where I just can lie and read a book or watch TV or YouTube. I usually has the door closed in my room and I feel very safe in my room. My dog usually wants to come in and visit me in my room and he likes to jump up in my bed! Of course I don't always lie in my room! I usually play guitar with my father and play ping pong on the food table with my mother!

In my spare time, i love to ski! I'm going to ski today actually! I feel very safe and excited in the ski slope. My mother and I usually visit the ski slope. Close to the ski slope they have a restaurant where we usually eat before we are going to ski. Sometimes when you are a bit tired in the ski slope you can just walk into the restaurant and rest for a while! I usually eat a hamburger and some chips, and I like to drink a soda. It's not the best food to eat but It works and it's really tasty! You also sleep very well after a day in the ski slope. When I skied yesterday I was sleeping very well! My mother and dad had to wake me up in the morning...



London is also a safe place for me. I love the nature in London and how the British people act to each other! I am actually going to visit London in a few weeks! I'm very excited! I have been in London one time before. One year ago I travelled to London with my mother and this year I'm going to travel to London with my mum and my grandmother! It's a little bit hard to describe but I love the feeling in London! The red buses that are moving around, the kids with school uniforms, the language, the buildings and of course that James Bond is from London! We are going to visit the James Bond museum - Bond In Motion! So those are my opinion about safe places! And you also got a little story about my London trip... I went a little bit excited about London I guess..

So I like safe places! Places where you just can be yourself and just rest for a while!
Now I've told you about the safe places in my life!

Safe Place

I am going to tell you about my safe places in school, in my home and in my spare time

In school I feel safe when I'm in the library because it's quiet most of the time and you can speak with the librarian if you want something and you can go there if you want to do homework

At home I feel save when sitting at the computer and in bed. because when I am sitting at the computer I feel like no one can hurt me because I feel like I'm in my own bubble. When I'm lying in bed I feel safe because I feel like I'm locked in. If I'm in the livingroom I don't feel that safe because everyone is there and I like being with myself.

In my spare time I feel safe when I am with friends and doing something fun like go skiing, play tv-games, listen to music, things like that

So I have written about where I feel safe in school,at home and in my spare time. I can say that I feel safe almost everywhere and am confident everywhere. I am not afraid of people or things.

MY SAFE PLACES

I'm going to write a text about my safe places. A safe place in school for me is the cafeteria because you can just sit there and there is always a teacher or another adult there. And if something happens you can just tell them.

And my favorite place in the cafeteria is the ping-pong table room. I play very much ping-pong in school.

A safe place for me at home is my own room. If I don't feel so good, I can just go into my room and play some music and just chill. I think the whole house is a safe place for me I just go into my room if I'm very sad or something like that. And you can do whatever you want at home like crying, so I think the whole house is a safe place for me.

And I think my parents are important to make me feel safe. You can talk about everything with them. I think you understand what I mean.

In my spare time I think the hockey arena is a very safe place for me because I know very many people there and because I like hockey very much I think that's a big part. I think the whole leksand is a very safe place to live in because there are so many nice people and it's a very good environment here.

So a safe place for me is when I have the teachers or my parents very close to me. And also where I can be alone and just chill. But I think I have a very good situation because I'm not afraid of anyone in school or at home.

My safe places

I'm going to tell about my safe places in school, at home and in my spare time. It is important to feel safe because if you don't feel safe you can be afraid and scared. It feels more safe if you have friends and a family.

In school: I feel safe almost everywhere in school, I feel safe sometimes in the hallway when it's busy, you can feel more safe at especially needlework because I'm sitting next to my friends and my favorite subject is needlework.

At home: My safe place at home is my room because I can to decide for myself what it should look like and what furniture I would like.

Spare time: My safe place after school is my home, at various sports such as ski orienteering, orienteering and cross-country skiing. And also a place called "Tonår" it is on every Friday and I meet my friends there and we do different activities and then we have coffee.

I have many different places where I feel safe and it is important to me.

My safe places

Now I'm going to tell you about my safe places at school, at home and in my spare time. And why they are important to me.

I think that at my school I'm safe everywhere, but in the restroom I feel the safest, because it is so quiet in there and you can bring a friend or two. In there there is a bed and two armchairs that you can rest in. There you can also do your homework with not being interrupted.

I think that my room is my safe place at home because I spend more time in my room than in the rest of the house. And if I want to be alone I can just go to my room. If I have homework I always choose to be in my room, because there is nobody else in there and it is so quiet. And in my room I have most of my stuff.

My safe place in my spare time is "Tonår". Tonår is in the Mission Church in Insjön and it is open from 8.00 pm to 11.00 pm on Fridays. And you can go there when you are 13 to 18 I think.

From 8 to 9 you play games for example dodgeball, indoor rounders and quiz. And from 9 to 10 you can buy for example cookies, soda, lemonade and sandwiches. From 10 to 11 you can do whatever you want to do. Me and my friend always play hide and seek or play table tennis.

I think that Tonår is a safe place for me because you always have a lot of fun and I have met many new friends there.

So those are my safe places at home, in school and in my spare time.

I'm going to write about different places where I feel comfortable in school and at home and in my spare time. I will start out with school.

In school I feel safe when I'm in the cafeteria because it's soft to just chill and hang out with my friends and have fun.

At home I feel safe in my own room and in the toilet because I can sit down and take it easy and slow down. No one ever bothers me when I'm in the toilet. Or in my room, there I can watch movies, series and think about hockey and life and that is pretty nice. But I feel safe in the whole house because I do not live in the city and in the cities there are more criminal people and more crimes.

In my spare time I feel safe on the ice, there I can be as good as I am and be free and of course have fun. I feel safe there because I love to play hockey and when I'm playing really well it feels like nothing can stop me. On the hockey field I've had my best and worst moments, I can be on my highest top or at my lowest low. I feel most safe there even if I can get hit or fight and so on. It's because I have been doing it since I was 7 and now I have really good control and pretty good hockey sense. And I feel safe there because I can protect myself from getting a hit or something like that.



I feel safe in many places but these are the safest places I now and where I feel the safest and have most fun.

My Safe Place

Hi, I'm going to tell you about some places where I feel safe, in school, at home and in my spare time. To me it's very important to have a safe place, It doesn't even have to be a special room it can be around friends and family or just a place that you made up, the important part is just that you feel safe there.

In school there is no special room that makes me feel more safe. I think it's more about the people around me that makes me feel safe, especially my best friend Lova. We met at daycare so I have known her for a while now, she always makes me happy and I feel very safe around her. But if I have to pick one place that makes me feel more safe I guess it's outside of the classrooms on one of the benches but only if I'm with my friends.

At home my safe place is my own room, I think that's very common for a lot of people to choose that place mainly because you spend so much time there. But I feel really safe there, I can be by myself and watch YouTube, read or do something else I like. At home I also have another safe place which can seem a bit weird at first. It's actually my basement, but it's not just the basement itself, there is a special room there, our home theater. I think it's mostly because I can be all by myself and watch movies or play games, to me that's very relaxing. The basement can be a bit scary as well but I just feel safe there.



In my spare time I don't really know, I still like to spend time at home but I guess I feel safe when I'm with my friends. But there is one place that always makes me feel safe and I think I've always felt safe there, it's at my grandparents house. I don't know if it's because I feel safe when I'm with them, if it's their house or if it's the two combined. It's just really nice to be there and spend time with them, they also live in Leksand so I can visit them a lot.

But I think these were all the places that I could think of at the moment, there are maybe a few more but I can't think of any more at the moment. As you probably can tell I really like being alone and do my own thing but when I'm at school or other

public places I like to be around people I trust. This was everything. I hope you enjoyed reading.